## Bemidji Food Service

## M. S. GREAT START BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1  WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	May - 2  WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat	May - 3  WG CEREAL BAR CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	May - 4  CHERRY FRUDEL FRUIT JUICE, ASSORTED FRUIT CHOICES MILK, 1% Lowfat MILK, Skim MILK, SKIM CHOCOLATE
May - 7	May - 8	MILK, Skim MILK, SKIM CHOCOLATE May - 9	MILK, SKIM CHOCOLATE  May - 10	May - 11
BANANA BREAD SLICE FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG CEREAL BAR CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	CINNI-MINIS FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE
May - 14	May - 15	May - 16	May - 17	May - 18
BLUEBERRY BREAD LOAF CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG CEREAL BAR CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	CHERRY FRUDEL FRUIT JUICE, ASSORTED FRUIT CHOICES MILK, 1% Lowfat MILK, Skim MILK, SKIM CHOCOLATE
May - 21	May - 22	May - 23	May - 24	May - 25
FRENCH TOAST SNACK LOAF CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	WG CEREAL BAR CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	CINNI-MINIS FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE
May - 28	May - 29	May - 30	May - 31	Jun - 1
NO SCHOOL TODAY	WG AWESOME ROUND FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim	WG BANANA CHOCOLATE CHIP B CHEESE STICK FRUIT JUICE,ASSORTED FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	COOK'S CHOICE MENU	COOK'S CHOICE MENU

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.